#### 40-Day Lent Journey: Draw Near to God

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March 5 - April 19, 2025

Important Information About Lent Season 2025

#### What is Lent?

Lent is a 40-day period of fasting, prayer, and reflection leading up to Easter. It is a time for Christians to prepare their hearts.

Lent begins on Ash Wednesday (March 5, 2025) and ends on Holy Saturday (April 19, 2025).

This 40-day period reflects Jesus time of fasting in the wilderness.

Sundays are not counted because they are weekly celebrations of the resurrection.

#### Why Do People Fast During Lent?

Fasting, giving something up, or practicing self-denial helps us focus on God.

Please consult your doctor before any fasting period.

However, we can all think of something that we can give up during these 40 days.

### Holy Week: The Most Important Days of Lent

Ash Wednesday (March 5, 2025): The beginning of Lent.

Palm Sunday (April 13, 2025): Jesus triumphant entry into Jerusalem.

Maundy Thursday (April 17, 2025): Commemorates the Last Supper and Jesus washing the disciples feet.

Good Friday (April 18, 2025): Observes the crucifixion of Jesus.

Holy Saturday (April 19, 2025): A day of waiting before the Easter celebration.

Easter Sunday (April 20, 2025): The resurrection of Jesus, the most important day in the Christian faith.

## A daily scripture-based journey focused on Repentance, Prayer, Scripture, Worship,

# Week 1 (March 5 - March 11, 2025): Return to God (Repentance & Renewal) - Key Verse: Joel 2:12

March 05: Psalm 51:10 - Create in me a clean heart, O God.

March 06: Isaiah 1:18 - Though your sins are like scarlet, they shall be white as snow.

March 07: 1 John 1:9 - If we confess our sins, He is faithful and just to forgive us.

March 08: 2 Chronicles 7:14 - If my people turn from their wicked ways, I will heal their land.

March 09: Acts 3:19 - Repent, then, and turn to God, so that your sins may be wiped out.

March 10: Ezekiel 36:26 - I will give you a new heart and put a new spirit in you.

March 11: Matthew 4:17 - Repent, for the kingdom of heaven has come near.

Challenge: Spend time in personal reflection and repentance.

Week 2 (March 12 - March 18, 2025): Strengthening Our Prayer Life - Key Verse: Philippians 4:6

March 12: Matthew 6:9-13 - The Lord's Prayer.

March 13: 1 Thessalonians 5:16-18 - Pray without ceasing.

March 14: James 5:16 - The prayer of a righteous person is powerful.

March 15: Psalm 145:18 - The Lord is near to all who call on Him.

March 16: Romans 8:26 - The Spirit helps us in our weakness.

March 17: Mark 11:24 - Whatever you ask in prayer, believe that you have received it.

March 18: Luke 18:1 - Always pray and not give up.

Challenge: Dedicate extra time to prayer daily.

Week 3 (March 19 - March 25, 2025): Seeking God Through His Word - Key Verse: Psalm 119:105

March 19: Joshua 1:8 - Meditate on God's Word day and night.

March 20: Hebrews 4:12 - The Word of God is alive and active.

March 21: 2 Timothy 3:16-17 - All Scripture is God-breathed.

March 22: Psalm 1:2 - Delight in the law of the Lord.

March 23: Colossians 3:16 - Let the word of Christ dwell in you richly.

March 24: Matthew 7:24-25 - A wise man builds his house on the rock.

March 25: James 1:22 - Be doers of the word, and not hearers only.

Challenge: Read one full chapter of the Bible daily.

Week 4 (March 26 - April 1, 2025): Worship & Gratitude - Key Verse: Psalm 95:6

March 26: John 4:24 - Worship in spirit and truth.

March 27: Psalm 100:4 - Enter His gates with thanksgiving.

March 28: 1 Chronicles 16:34 - Give thanks to the Lord, for He is good.

March 29: Romans 12:1 - Offer your bodies as a living sacrifice.

March 30: Ephesians 5:19-20 - Sing and make music in your heart to the Lord.

March 31: Psalm 150:6 - Let everything that has breath praise the Lord.

April 01: 1 Thessalonians 5:16-18 - Rejoice always, give thanks in all circumstances.

Challenge: Start a gratitude journal.

Week 5 (April 2 - April 8, 2025): Serving Others & Love in Action - Key Verse: Galatians 6:9

April 02: Matthew 5:16 - Let your light shine before others.

April 03: Galatians 5:13 - Serve one another humbly in love.

April 04: Philippians 2:4 - Look not only to your own interests.

April 05: James 1:27 - Look after orphans and widows.

April 06: 1 John 4:7-8 - Love one another, for love is from God.

April 07: Hebrews 13:16 - Do not forget to do good and share with others.

April 08: Matthew 25:40 - Whatever you did for the least of these, you did for me.

Challenge: Commit to one act of kindness daily.

Week 6 (April 9 - April 20, 2025): The Cross & The Resurrection - Key Verse: 1 Corinthians 15:3-4

April 09: John 12:24 - Unless a grain of wheat falls into the earth and dies, it remains alone.

April 10: Mark 10:45 - The Son of Man came not to be served, but to serve.

April 11: Luke 22:19-20 - This is my body, given for you.

April 12: John 19:30 - It is finished.

April 13: \*\*Palm Sunday\*\* - Matthew 21:9 - Hosanna! Blessed is He who comes in the name of the Lord!

April 14: Isaiah 53:5 - By His wounds, we are healed.

April 15: Matthew 28:6 - He is not here; He has risen!

April 16: Romans 6:4 - Just as Christ was raised from the dead, we too may live a new life.

April 17: Philippians 2:8 - He humbled himself by becoming obedient to deatheven death on a cross.

April 18: \*\*Good Friday\*\* - 1 Peter 2:24 - He himself bore our sins in his body on the cross.

April 19: \*\*Holy Saturday\*\* - Psalm 16:10 - You will not abandon me to the realm of the dead.

April 20: \*\*Easter Sunday\*\* - Matthew 28:6 - He is not here; He has risen!

Challenge: Reflect on Jesus' sacrifice and resurrection with a prayer of thanksgiving.